

Why Love and Logic®?

“We get it! Parenting can be difficult! Like a toolbox for parents, Love and Logic courses give parents tools to make their life easier and help their children thrive.”

—Erin Sherard,
NOCE Parenting Program Professor

Our goal is to serve and support you, and we hope you will let us be a part of your journey.



Classes are sponsored by North Orange County Regional Consortium (NOCRC) and North Orange County Continuing Education (NOCE).

Learn More!

For more information or to view the most recent class schedule, visit:

noce.edu/parenting

Contact Us

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North Orange Continuing Education (NOCE) has been cultivating change since 1974 with educational programs and services including high school completion, English-language acquisition, vocational training, and self-development programs. NOCE serves 30,000 students annually, ranging from preschoolers to seniors, at three Center locations and more than 100 off-campus community locations. Accredited by the Accrediting Commission for Schools, Western Association of Schools and Colleges, and part of the California Community Colleges system, all NOCE courses are approved by the State of California.

The North Orange County Regional Consortium for Adult Education (NOCRC) is a regional education consortium tasked with helping to expand and improve adult education in North Orange County. Established in 2014 as a result of California legislation AB86, NOCRC is comprised of community colleges, K-12 school districts, county offices of education, and other community partners.

Build a Healthy Relationship with Your Child

North Orange Continuing Education
Love and Logic® Facilitative Classes



The Love and Logic® Focus

North Orange Continuing Education (NOCE), a member of the North Orange County Regional Consortium for Adult Education (NOCRC), offers a series of Love and Logic® workshops to support parents in raising self-regulated, happy, and academically successful children. You will learn how to understand your child's unique needs, avoid misunderstandings in the future, and foster a cooperative parent/teacher team, among other valuable parenting skills. Whether you're parenting, teaching or working with a toddler or a teen, there is a workshop to help you foster a more loving and understanding connection with the children in your life.

The classes are tuition-free...
and they're fun!



The Love and Logic® Philosophy

The "Love" in Love and Logic® means that we love our children so dearly that we are willing to set and enforce limits. This "Love" also means that we do so with sincere compassion and empathy.

The "Logic" in Love and Logic® happens when we allow children to make decisions, affordable mistakes and experience the natural or logical consequences. When we balance this with sincere empathy, they understand that the quality of their lives depends on the quality of their choices.

Love and Logic® Parenting Course Descriptions

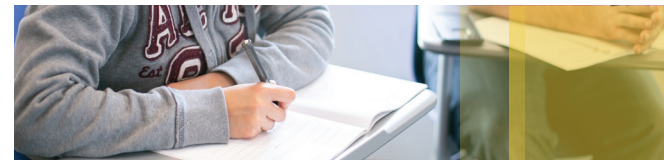
Love and Logic® courses are based on example, experience and empathy. This includes setting examples for your child, allowing your child to experience making a mistake (or watching YOU make one!) and to grow from it. You learn to be a model of empathy, which will encourage your child to treat others with kindness and consideration.

- » **Parenting the Love and Logic® Way**—This workshop provides a variety of simple and effective strategies for parenting children from birth to adulthood, all with the aim of crafting caring and respectful relationships built on trust and understanding.
- » **Love and Logic—Early Childhood Parenting Made Fun®** When parents start Love and Logic® early in their children's lives, they dramatically increase the odds that the teenage years will be fun...instead of frantic. They also encourage kids to begin school with a ready-to-learn mindset.
- » **Love and Logic—Adults Supporting Youth with Challenging Pasts™** Gain powerful insight into how trauma affects the brain and the science behind healthy attachment relationships. This curriculum is designed to cut through the complexity of challenging topics and provide real solutions that can be applied immediately... rather than vague theories and ideas.
- » **Love and Logic—Supporting Youth with Special Needs™** This course is intended to be taken following the Parenting the Love and Logic® Way course. Participants will learn a process for understanding the unique needs and competencies of children and how to maintain healthy "can do" expectations, as well as tips for teaching essential life skills and strategies for developing a cooperative parent-school team, and more!

The Benefits of Taking Love and Logic® Classes

Our classes teach methods for creating and developing an authentic relationship with your child. But it doesn't stop there. A child raised with Love and Logic® is likely to have better relationships with others in general, and to be a better parent in turn. There are numerous additional benefits, including:

- » Learning to promote social and emotional wellness in your child.
- » Getting tips on helping your child build healthy relationships with adults.
- » Practicing responding to your child with empathy, which in turn allows your child to be open to love and learning.
- » Understanding the effects of adverse childhood experiences and trauma, and learning skills to help your child heal.



Classes are Designed for Busy Parents

Our Love and Logic® course offerings are designed for specifically for busy parents like you. The classes are conveniently taught at public school sites, libraries, churches, and community centers throughout the region, year-round. Many sites also offer translation services for parents. And remember, they're tuition-free!

What are you waiting for? Visit noce.edu/loveandlogic for the current course schedule. Our classes and webinars are also available in an online format.